


ABSTRACT

Title : Attitudes toward stress of MBA students at Siam University

By : Miss Aranya Jiranirandorn

Degree : Master of Business Administration

Major Field : Personnel Management

Thesis Advisor : 
(Prof. Dr. Aroon Raktham)
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The research on "Attitudes toward stress of MBA students at Siam University" has been made for the aim of

- 1) study the level of MBA students' seriousness in Siam University
- 2) survey the MBA students' attitude towards the MBA study seriousness in Siam University.

Both have been made as sex, age, occupation, income and marital status. The population used for the research are 180 students of 5th and 6th classes. The equipments used for the research are the questionnaires made by the researcher. 177 suits of the distributed questionnaires have been got back. It is 98.33 percentage of them. These data are brought to analyze and evaluate percentage, mean,

standard deviation and t - test by using SPSS (statistical package for the Social science) program. Then the information will be presented in the table and composition.

Due to the result of the research, it has been found that most of MBA students are women with lower 30 years of age. Most of them are unmarried, earn 10,001 up of income and work in private companies. In the study of levels and the survey of the MBA students' attitude towards the seriousness, it has been found both MBA male and female students pass the medium seriousness and have the same level of seriousness in any cases except the case of impassing the exam of any subjects, they have the level of much seriousness and the female students are more serious than the male students. The MBA students age lower 30 years old and over 31 years old pass the level of seriousness in any cases except the case of impassing the exam of any subjects to which they are very serious, and they have the same level of seriousness in any cases except the case of unadapting themselves to friends and having some problems with friends because the students age lower 30 years old have high level of seriousness than those age over 31 years old. The MBA

students working as goverment officers and as private servants passess the medium level of seriousness in any cases except the case of impassing the exam of some subjects they have higher level of seriousness, and they passess the same level of seriousness in any cases except the case of poisonous enviroments, the students working as government officers whose levels of seriousness are higher than those of the students working as private servants. The MBA students earning lower 10,000 baht and over 10,000 baht of income will passess the medium level of seriousness in any cases except the case of impassing the exam of any subjects. Their levels of seriousness are higher and they passess the same level of seriousness in all cases. The MBA students who are unmarried and married passess the medium level of seriousness in any cases except the case of impassing the exam of any subjects their levels of seriousness are higher and they have the same level of seriousness in all cases.